

## Anger Management Online - Information for Referral Sources

### Basic Information:

**Site name:** myselfhelpcourse.com or angermanagementcourse.com

**Author/Administrator for the site:** The site creator and administrator is Peter J. Favaro, Ph.D. Dr. Favaro has written more than a dozen books on children, child development, parenting, divorced parenting, anger management and conflict resolution. Dr. Favaro has been appointed by the courts more than 6,000 times to perform court related services such as custody evaluations, parenting training and anger management for more than 25 years. He has been called upon to teach at the New York Judicial Training Institute in White Plains, New York. He is a frequent lecturer at Matrimonial Bar Associations across the country. Dr. Favaro has been offering anger management courses online for more than 5 years online.

**What Students Can Expect from the Course:** More than 10 hours of professionally narrated audio content on anger management as it relates to every day life. No psycho babble, just practical, real-life advice on day to day issues which lead to stress, frustration and annoyance. Dozens of examples focusing on relationships at home and work with people you know and people who you don't know. The program teaches first and foremost, ways to change the way you think about the world.

**Features and Extras:** Students can participate in online discussions, join other members for chats, and take webinars (workshops) with Dr. Favaro moderating.

**Compliance Monitoring and Certificates:** Dr. Favaro prefers audio presentations to any other form of media because students have to stay put and listen.

Compliance codes are embedded in the media which students have to write down because they can be requested as part of the testing that is a requirement for the certificate. Students must pass a test at 80 percent accuracy or better to earn a certificate. Questions on the test are very specific to course content and are difficult to “guess” or “fudge.” Certificates are archived. Referral sources can request an “authenticity check” to see if a certificate that is presented is authentic (i.e. archived on the site as opposed to re-created with a word processor).

**Cost:** Access to all content is free. Testing and certificate generation is \$99. This includes certificates for all programs offered on the site. Pro bono memberships are available with a request made directly from a judge or \*qualified referral source.”

**Other Courses Offered ( those marked with an \* are starting October 2009):** Parenting, \*parenting during and after divorce (also called co-parenting), dealing with difficult teens.

**Contact Information:** Referral sources (only) can contact Dr. Peter Favaro at 1.516.883.5747 during normal EST business hours. Email: pfavaro@aol.com. Dr. Favaro is available to lecture to Matrimonial Bar Associations and groups dedicated to resolving conflict in high conflict divorce cases.

\*qualified referral sources are attorneys, judges, administrators from Department of Corrections, Probation, or Child Protective Services.